

Second Semi-annual Skate Competition at Meeks Park

Saturday, December 12, 2015 local skaters took to Meeks Park for the Second Semi-Annual SkateHealthy/Boards for the Lord Skate Competition. The event hosted by Union County Recreation Department, Hemptown Baptist Church of Morganton, Georgia and Ben Newell of SkateHealthy was nothing short of a huge success with skaters from the tri-state area in attendance.

The Game of Skate was amazing; the tricks were technical proving that no trick is impossible with persistence and dedication. The battle was extreme leaving the crowd amazed.

SkateHealthy and Hemptown Baptist Church would like to thank all those that sponsored, volunteered, and came out to the event. SkateHealthy and Boards for the Lord work together for their



Ben Newell and Jon Garrett

common goal of reaching out to kids, showing them nothing is impossible with God, and teaching them proper nutrition, and exercise.

We are looking forward to the next event April 23,

2016, details to be announced. If you should have any questions or would like to compete or sponsor the next event, please call Skip Larson (706) 455-2087 or Ben Newell (706) 994-1656. NIDec23,220jgg

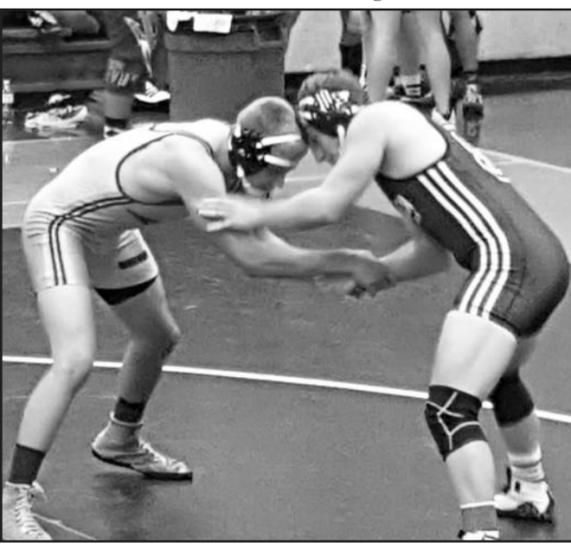


Group of skateboarders

Union wrestling splits Friday Night Fights



Coach Michael Smith-Foot with UC wrestling teams at The Pit



Union County wrestlers in action

The high school hosted Friday Night Fights and finished 2-2 against much larger competition.

Union lost to future Area Opponent East Hall 36-48, then won against North Carolina power Swain County, 47-36 for the first time ever.

However, the Panthers lost a heartbreaker to Franklin County 34-37, before Franklin lost to Swain in the last match of the evening to knock Franklin County from the ranks of the unbeaten.

The final match was against Sequoyah High School and Union dominated 72-9.

"I am very pleased with the performance," Union County Wrestling Coach Michael Smith-Foot said. "We are still mostly freshman and sophomores and most of the losses were by one or two matches each time. We will only get stronger next year and by the end of the season. Alex Barrett, Brendan Mason, Bryan Nelson,

and Dakota Havard all gave up weight and bumped up weight classes to make this happen. This is a very selfless act to sacrifice their weight class and record to help the team win.

"Putting the team first and the individual last is an important part of building the program. I appreciate it as a coach and as a dad."

Ben Howard went 4-0 at 106 pounds, Alex Barrett went 3-1 at 113 pounds, Brendan Mason went 3-1 at 120 pounds, Tyree Mackey went 3-1 at 126 pounds, and Isaac Tritt went 3-0 at 138 pounds.

Noah Bierce went 2-1 at 145 pounds, Logan Britt went 1-1 at 152 pounds, Tritt went 2-0 at 160 pounds, Bryan Nelson went 2-1 at 170 pounds, Grizzly Breedlove went 3-1 at 182 pounds, and Dakota Havard went 2-2 at 195 pounds.

Zach Payton went 1-1 at 220 pounds and Josh Silvers went 2-1 at 285 pounds, despite only weighing 216.

All Stars ...continued from 12A

in 2014 and defensive lineman Luther Jones represented UCHS 2013.

Union's senior quarterback Joseph Mancuso would have been one of the two quarterbacks chosen for the North squad, but the Panthers' gunslinger joined Head Coach Casey Jones' Union County basketball team at the conclusion of the football season.

The GACA North-South All-Star Football Classic, which dates back to 1938 is the oldest high school football all-star game in the U.S. The 77-year old GACA - also began in 1938 and is the oldest high school coaches association in the nation.

Gilbert, who played an integral role in Allison's success over the last three years, left little doubt as to who was the best receiver on the field during the East-West Classic.

After hauling in a running, over-the-shoulder grab while remaining inbounds, one of his West teammates on

Yoga at UCHS girls weight training class



Girls weight training class at Union County High School

Mountain Yoga has been coming to the girls weight training class at UCHS to teach Yoga. Not only do kids love yoga, but yoga has been proved to have a wide variety of benefits in students ranging from simple overall relaxation to better concentration & test scores. We live in a busy world of hurry up & go! Kids are often not afforded personal

time for working on their own awareness and learning how to develop their own coping mechanisms for dealing with stressful situations. Yoga provides us with a means of slowing down and focusing on ourselves. By doing this we provide opportunity for healing & self-reflection.

But all of this aside, kids love yoga, as was stated

by one of the girls at our last session who on the way out of the door exclaimed... "That was fun!"

At Mountain Yoga & Massage Therapy we offer a wide variety of classes to accommodate the newbie and the experienced yogi as well. Check out our schedule and come join us for a class to see what yoga has to offer you. NIDec23,212CA

Bowling scores

Monday Night Ladies: Patty Newsome 174, Peggy Kidder 224, Ines Bergstrom 209, Peggy Kidder 199, Kathy Brandenburg 210, Monita Rodgers 193.

Monday Night Men: Mickey Whatley 205, Richard Tanner 212, Joe Teague 237, 245, 231, Series 713, Derick Rice 224, 258, Taz Matetzschk 205, 246, BJ Gilbert 215, 216, 216, Tom Griffiths 206, Ranny Jones 213, Kenneth Clark 215, Jay Burrell 203, 213, Ray Everett 238, Bart Rodgers 212, 210, Doug Tanner 226, Russell Bell 202, Bill Smith 202, 226, Dewey Allen 259, Greg Whittenburg 213, 233.

Young at Heart: Barry Rice 194, 203, Dewey Allen 235, 214, 223, Ken Thigpen 201, Bob Landis 257, 202, 277, Series 736, Del Neiffer 257, Ron Wingate 201.

Thursday Night Fun: Doug Roberts 205, 224, Dewey Allen 209, Joe Chubberly 223, Tony Lynch 200, 203.

Union County Swim Meet at Ruby Fulbright Aquatic Center

Union County High & Middle Schools attended a swim meet on Friday 12/11/15 at Ruby Fulbright Aquatic Center in Clarksville, GA. We had several top 10 finishes and Middle School records (indicated with an *). Congratulations to these swimmers!

- 200 Yard Medley Relay:**
(Men): 8th Place - HS: Gavin Thompson, Jeremy Herum, Adian Francis, Tyler Harkins
4th Place - MS: Nathanael Allison, Hunter White, Brian Williams, Steven Williams
10th Place - MS: Sloan Sutton, Payton Ivester, Alden Wilkes, Blake Caputi
(Women): 9th Place - HS: Maggie Davis, Megan Foster, Leannah Gambrell, Kaiya Wilkes
4th Place - MS: Aliceyn Covington, Danielle Grader, Grace Weldon, Megan Wiarda
- 100 Yard Individual Medley:**
(Men): 2nd Place - MS: Brian Williams*
3rd Place - MS: Hunter White
(Women): 5th Place - MS: Megan Wiarda
7th Place - MS: Danielle Grader
- 50 Yard Freestyle:**
(Men): 7th Place - MS: Steven Williams
10th Place - MS: Alden Wright
(Women): 7th Place - HS: Kaiya Wilkes
6th Place - MS: Macy Davis
8th Place - MS: Danielle Grader
- 100 Yard Freestyle:**
(Men): 3rd Place - HS: Aidan Francil
8th Place - HS: Jeremy Herum
3rd Place - MS: Steven Williams
10th Place - MS: Nathan Cobb
- 500 Yard Freestyle:**
(Women): 6th Place - HS: Leannah Gambrell
- 200 Yard Freestyle Relay:**
(Men): 6th Place - HS: Jeremy Herum, Tyler Harkins, Gavin Thompson, Aidan Francis
8th Place - HS: Ariel Caputo-Sullivan, Megan Foster, Leannah Gambrell, Kaiya Wilkes
3rd Place - MS: Alden Wilkes, Steven Williams, Hunter White, Brian Williams
8th Place - MS: Blake Caputi, Sloan Sutton, Payton Ivester, Nathan Cobb
(Women): 4th Place - MS: Allison Vincent, Macy Davis, Megan Wiarda, Grace Weldon
- 100 (HS) / 50 (MS) Yard Backstroke:**
(Men): 5th Place - HS: Aidan Francis
10th Place - MS: Nathanael Allison
(Women): 7th Place - MS: Allison Vincent
- 50 Yard Breaststroke:**
(Men): 7th Place - MS: Hunter White
(Women): 5th Place - MS: Grace Weldon
8th Place - MS: Aliceyn Covington
10th Place - MS: Megan Wiarda
- 50 Yard Butterfly:**
(Women): 2nd Place - MS: Grace Weldon

Golden Club Bowling League Fall Champions



Coach Allison credits "great kids" to the programs' recent success. Allison will lead the North team in next week's All-Star game. Photo/Todd Forrest

Golden Club Bowling League Fall Champions



(L-R): Jerry and Lilly Clark, Claudia Parks, Jack Abbott. They beat Blue Ridge Trophies Rose Terry, Captain, for this title. High average went to John Poffenberger and Pat Craig. Most Improved was awarded to Jackie Keene and Wayne Hedges. Congratulations. We need bowlers for the Winter League. Please call Rose at 706-745-4268. NIDec23,213CA

UCHS participates in the Murphy Invitational Swim Meet

Union County High School attended a swim meet Saturday, December 19, 2015 at the Murphy Invitational in Murphy, NC. The team took 3rd Place Overall, Girls were 2nd Place and Boys were 4th Place. We had several top 10 finishes, and one 1st Place (Megan Foster - Breaststroke). Please take a moment to congratulate these swimmers!

- 200 Yard Medley Relay**
3rd Place: HS: Gavin Thompson, Jeremy Herum, Adian Francis, Ean Harkins
3rd Place: HS: Savannah Damon, Megan Foster, Leannah Gambrell, Kaiya Wilkes
6th Place: HS: Lexi Hughes, Katie Yaboni, McKenzie Hooper, Ariel Caputo-Sullivan
- 200 Yard Freestyle**
5th Place HS: Megan Foster
8th Place HS: Gavin Thompson
- 200 Yard Individual Medley**
2nd Place HS: Aidan Francis
- 50 Yard Freestyle**
10th Place HS: Tyler Harkins
3rd Place HS: Kaiya Wilkes
8th Place HS: Ariel Caputo-Sullivan
- 100 Yard Fly**
5th Place HS: McKenzie Hooper
- 100 Yard Freestyle**
5th Place HS: Jeremy Herum
10th Place HS: Jeremy Thompson
5th Place HS: Kaiya Wilkes
- 500 Yard Freestyle**
2nd Place HS: Leannah Gambrell
8th Place HS: Katie Yaboni
- 200 Yard Freestyle Relay**
2nd Place HS: Jeremy Herum, Ean Harkins, Gavin Thompson, Aidan Francis
4th Place HS: Ariel Caputo-Sullivan, Megan Foster, Leannah Gambrell, Kaiya Wilkes
- 100 Yard Backstroke**
4th Place HS: Ean Harkins
5th Place HS: Leannah Gambrell
7th Place HS: Savannah Damon
10th Place HS: Lexi Hughes
- 100 Yard Breaststroke**
4th Place HS: Jeremy Herum
1st Place HS: Megan Foster
9th Place HS: McKenzie Hooper